

List of KW Hungry Minds Meetups

*Sep 22, 2013: KW Hungry Minds Created

1. Oct 27, 2013: Casual chat as first meetup
2. Nov 9, 2013: Government and Corporations (Debate statement: The job of government should be to make society secure for corporations to thrive and not worry so much about the individual.)
3. Nov 24, 2013: Good and bad side of religion (Debate statement: Religion is a force for good in society.)
4. Dec 14, 2013: The Ins and Out of Feminism (Debate statement: While we might need to make adjustments to a few laws here and there, there really isn't any need for a women's rights movement anymore.)
5. Dec 29, 2013: Movie Mania (what movies do you think are must sees)
6. Jan 12, 2014: Boots on the Ground (Debate statement: Not only is humanitarian military intervention a legitimate means of enacting change in our world, sometimes it's the only way that works.)
7. Jan 25, 2014: The Brush Off (The Museum event)
8. Jan 26, 2014: Crime and Punishment (Debate statement: With advances in science showing just how much more influence chemicals and neurons in the brain have on our behaviour than free agency, it is simply wrong to punish criminals such as pedophiles, rapists and murderers for actions they couldn't control.)
9. Jan 29, 2014: Lecture night - The Harper Doctrine: A Conservative Foreign-Policy Revolution (CIGI event discussing the idea that Harper had a coherent foreign policy doctrine)
10. Jan 31, 2014: Rockin' Social Fun (Rock Band night at Rum Runner)
11. Feb 4, 2014: Would You Rather (fun time of would you rather questions)
12. Feb 7, 2014: Elijah (Movie about Canadian politician Elijah Harper at WLU, about Manitoba's first Indigenous MLA)
13. Feb 8, 2014: Rethinking Education (Debate statement: Too many kids go to college or university)
14. Feb 23, 2014: When in Doubt (discussion about atheism as a form of faith and the idea that choosing doubt is akin to choosing immobility as a means of transportation)
15. Feb 28, 2014: Hand-Eye Coordination Exercises for Mental Agility (Rock Band Night)

16. Mar 9, 2014: A is for Anarchy (debate statement: Anarchism simply isn't a viable political ideology since it is just an invitation for chaos.)
17. Mar 14, 2014: Happy Pi day (virtual celebration of pie)
18. Mar 23, 2014: Nothing Nature's Flatlining (Debate statement: The movement to be 'environmentally friendly' is based more on simplistic slogans/ideas and sentiment than on any real economic, scientific and rational thought.)
19. Apr 6, 2014: Dude Looks Like a Lady (Debate statement: If gender is just a social construct, then doesn't the increasing numbers of transgender individuals make it even harder to breakdown the gender expectations that we all face?)
20. Apr 23, 2014: Why Don't I Just Kill You All? (Debate statement: When it comes down to it, people are good or moral simply out of personal self interest.)
21. May 2, 2014: Hand-Eye Coordination Exercises for Mental Agility (Rock Band Night)
22. May 3, 2014: Devaluing Foreign Policy (Debate statement: Canada needs to have an interest-based, rather than values-based, foreign policy.)
23. May 20, 2014: The Truth is Out There? (Debate statement: The government regularly covers up its true actions and motivation and does all it can to keep the public in the dark about the truth.)
24. May 28, 2014: We Are Legion (Documentary about Anonymous at Princess)
25. Jun 1, 2014: Up By One's Own Bootstraps (Debate statement: Affirmative action is simply government sanctioned and enforced racism against white males.)
26. Jun 16, 2014: We're all going to die (Debate statement: Humanity is very quickly approaching demographic catastrophe with the rate of population growth and the changes in consumption quickly outstripping growth in the supply of food and resources.)
27. Jun 27, 2014: Hand-Eye Coordination Exercises for Mental Agility (Rock Band Night)t
28. Jul 2, 2014: Death Do Us Part (Debate statement: Monogamy is a false social construct that does more harm than good in fostering satisfactory human relationships.)
29. Jul 9, 2014: Dissecting Our Inner Squirrel (Debate about impact of advertising on our psychology)
30. Jul 14, 2014: The Perfect Enigma (Debate statement: Emerson quote - "No power of genius has ever yet had the smallest success in explaining existence." along side of statements in HM post - "Books are useful enough in their own way but they cannot ever substitute for the experiences of life as it exists around us" and "Someone who studies books alone with know how thing ought to be. Those who also study the reality surrounding our existence will know how things are.")

31. Jul 28, 2014: Physician, Heal Thyself (Debate about a physician's right to refuse treatment to someone based on their personal beliefs)
32. Aug 14, 2014: A License to Parent (should limit right to have kids to those with a license - attempt at formal debate style)
33. Aug 24, 2014: The Truth is Not Out There (Debate statement: if you want the truth to stand clear before you, never be for or against. The struggle between 'for' and 'against' is the mind's worst disease.)
34. Sep 11, 2014: What's up with the AUMF? (looking at the AUMF as the best response the US could have crafted in the wake of 9/11)
35. Sep 27, 2014: One Year Anniversary Party
36. Oct 5, 2014: Life and Death Matters (Debate statement: Physicians, rather than patients or their families, should be the ones making the decision when to withdraw care and/or implement end of life measures.)
37. Oct 17, 2014: *The 100-Year Old Man Who Climbed Out a Window and Disappeared* (movie at the Princess, based on a fictional novel about one man's eventful life)
38. Oct 19, 2014: Ya, we're going there (Debate statement: 'Islamophobia' is not racism because Islam is an idea, not a race.)
39. Oct 28, 2014: On Bullsh*t and On Truth (2 books book club, both by Harry G. Frankfurt, on forms of speech and learning)
40. Nov 9, 2014: *Birdman* (movie at the Princess, fictional movie about artistic madness)
41. Nov 10, 2014: Remembering, Lest We Forget (Debate statement: The white poppy campaign is offensive and 'the worst kind of gimmickry.')
42. Nov 22, 2014: Science's Moral Methods (Debate statement: It is not the job of science to wonder if they should.)
43. Dec 7, 2014: The Woody Allen Conundrum (Debate statement: It is our moral duty to consider the actions and/or beliefs of a person when we make choices about what we are going to enjoy in art, film, music, sports, etc.)
44. Dec 16, 2014: You Should Read This (fun social and book recommendations)
45. Jan 6, 2015: Epistemic Injustice (and/or *To Kill a Mockingbird*) (book club book by Miranda Fricker, about the relationship between knowledge and power and practices of virtue in epistemology)
46. Jan 18, 2015: Torturing the Point (Debate statement: The only problem with torture as a method for modern warfare is that it doesn't work.)

47. Jan 24, 2015: Brush Off (event at The Museum)
48. Jan 29, 2015: Tossing Around a Dopey Idea (Debate statement: It is not right for the government to criminalize the purchase or use of any of what they currently classify as illicit drugs.)
49. Feb 8, 2015: Securing our Privacy (Debate statement: The only people who are concerned about a right to privacy are those who are doing something wrong.)
50. Feb 26, 2015: The Once and Future World: Nature As It Was, As it Is, As It Could Be (book club book by J.B. MacKinnon, on the loss of wildness and biodiversity)
51. Mar 8, 2015: Playing with our Inner Trolls (Debate statement: Computers and the Internet are changing, for the worse, what it means to be human.)
52. Mar 22, 2015: Happiness Is... (debate on happiness)
53. Apr 1, 2015: Got Consent? (Debate statement: The 'Consent is Sexy' campaign is simply an unrealistic view of human sexuality and a ridiculous way to address the problem of rape.)
54. Apr 19, 2015: Violence Is... (Debate statement: We all have the seed of violence within us and it is only due to the fate of our circumstance that we keep from committing acts of cruelty.)
55. May 5, 2015: The Righteous Mind: Why Good People Are Divided by Politics and Religion (book club book by Jonathan Haidt, about origins of political and moral leanings)
56. May 14, 2015: Picking a Winner (Debate statement: A government by lottery, like jury duty, would be the best form of government. At the very least, it would be far better than our current form of representative government.)
57. May 31, 2015: Love is... (debate about love)
58. Jun 10, 2015: Wees Awl So Smrt Now (Debate statement: Computers and the internet are having a serious detrimental impact on our cognitive skills.)
59. Jun 21, 2015: Self Is... (debate on the idea of self)
60. Jul 7, 2015: Two Books on Gender (+general debate on what gender is) (Book club discussing Why Gender Matters by Leonard Sax and Delusions of Gender by Cordelia Fine)
61. Jul 15, 2015: *The Wolfpack* (documentary at the Princess about the Angulo family, six brothers home schooled and confined in their small NYC apartment)
62. Jul 19, 2015: Art Is... (debate about art)
63. Aug 2, 2015: *Suite Française* (movie at the Princess, based on fictional novel about a romance between a French villager and a German soldier during occupation)

64. Aug 23, 2015: Reconciliation Is... (Debate statement: We have victims of crime, people whose lives are derailed by the abuses of others. We have entire communities whose history is blackened by systemic injustices. What should our society be doing to redress the pain and suffering of others? Should we be doing anything at all?)
65. Sep 8, 2015: On the Move - A Life (book club on the memoir of Oliver Sacks, a neurologist and writer)
66. Sep 9, 2015: Dealing with Losers: The Political Economy of Policy Transitions (CIGI lecture about the danger of creating losers when enacting new policies)
67. Sep 16, 2015: What Makes Us Us - The Social Creature Within (Part 1 of 5 part series looking at theories of human behaviour - this one on the idea that we are prone and primed to the draw of social influence)
68. Sep 17, 2015: Watching the Leader's Debate
69. Sep 20, 2015: Sexuality Is... (debate about human sexuality)
70. Oct 21, 2015: What Makes Us Us - Our Calvin Kleins (Part 2 of 5 part series looking at theories of human behaviour - this one on genetic determinism.)
71. Nov 9, 2015: The Unpersuadables: Adventures with the Enemies of Science (book club book by Will Storr, about the reason why people believe things that go against facts)
72. Nov 18, 2015: What Makes Us Us - The Great Greater Power (Part 3 of 5 part series looking at theories of human behaviour - this one on ideas of spirituality and greater power)
73. Nov 22, 2015: *The Stanford Prison Experiment* (movie dramatization of the experiment concerning the psychology of power and control at the Princess)
74. Dec 6, 2015: The Apocalypse is Now (social fun about what you would do if you knew the world was ending)
75. Dec 16, 2015: What Makes Us Us - Our Inner Caveman (Part 4 of 5 part series looking at theories of human behaviour - this one on ideas of evolutionary psychology)
76. Jan 11, 2016: Sapiens: A Brief History of Humankind (book club book by Yuval Noah Harari, about the history and future of humans)
77. Jan 20, 2016: What Makes Us Us - We Aren't (Part 5 of 5 part series looking at theories of human behaviour - this one on the idea that we don't actually exist, that we are a computer programs or other such ideas)
78. Jan 31, 2016: The End of Capitalism (Debate statement: The promotion and pursuit of capitalism as our base economic order has led us to a sick and inhuman social structure that is seriously harming all but the very wealthy.)

79. Feb 28, 2016: What's a GMO? (Debate statement: The government should be doing more to ban or draw attention to the GMO products in our food sources, at least until there has been more research into their effects on human and environmental health.)
80. Mar 7, 2016: Lean In: Women, Work and the Will to Lead by Nell Scovell and Sheryl Sandberg & Unfinished Business: Women, Men, Work, Family by Anne-Marie Slaughter (2 books in book club about how help women succeed in the business/professional world)
81. Mar 29, 2016: Refusing to Bite the Big One (Debate statement: In the next few generations, humans are going to have to face the fact that some form of transhuman existence on a large scale.)
82. Apr 20, 2016: Changing the Discourse: Energy Poverty at Home and Abroad (WPL event)
83. Apr 22, 2016: Harnessing the Wind (lecture at the Perimeter Institute)
84. Apr 24, 2016: The Great Logical Fallacy Workshop (learning about logical fallacies and discussing why this knowledge is or isn't important)
85. May 9, 2016: Enlightenment 2.0 (book club book by Joseph Heath, about promoting slow thought, slow deliberation, slow debate in politics)
86. Jun 5, 2016: Hey Hey, Ho Ho (Debate statement: Activism has absolutely failed to work in today's political climate and there is nothing in sight to replace it.)
87. Jul 11, 2016: So You've Been Publicly Shamed (book club by Jon Ronson, about the psychology and historical precedent for online shaming)
88. Jul 24, 2016: A Serious Case for the Lawls (debate about laughter)
89. Sep 11, 2016: *Captain Fantastic* (movie at the Apollo, fictional account of a raised in isolation forced to reintegrate into society)
90. Sep 12, 2016: Objective Troy: A Terrorist, a President, and the Rise of the Drone (book club by Scott Shane, about the pursuit and killing of American Imam Anwar al-Awlaki)
91. Sep 26, 2016: The Pseudoscience of Psychology (Debate statement: Psychology isn't a science and it's imperative that we stop treating it like it is.)
92. Oct 11, 2016: We're Talking Apocalypse (end of day themes in relation to technology)
93. Oct 26, 2016: Pattern Finding - popular expression of transcendent ideas (UW lectures by Matthew Scott and Soheila Esfahani, about how mathematics plays a vital role in codifying our common experiences of awe and wonderment)
94. Oct 30, 2016: *Snowden* (Dramatization of the life of Edward Snowden at the Princess)

95. Nov 14, 2016: The Gene: An Intimate History (book club book by Siddhartha Mukherjee, about the history of the gene and genetic research)
96. Dec 11, 2016: Fifteen Dogs (fiction book club book by André Alexis, about what it is to be human)
97. Jan 8, 2017: Happy New Year Brunch
98. Jan 19, 2017: T'was the night before... (Debate statement: Canada has something, be it social trust or diversity or a sense of care for all, that won't ever lead us too far into radical politics.)
99. Jan 28, 2017: To Meat or Not to Meat (debate on eating meat and animal products and the ethical, environmental, and social implications of the choice)
100. Feb 6, 2017: Timothy Snyder (lecture at UW, historian and author of Black Earth)
101. Feb 13, 2017: Black Earth: The Holocaust as History and Warning (book club book by Timothy Snyder, about why the holocaust was more implemented in some countries versus others)
102. Feb 17, 2017: Tech: in check, or to wreck (debate on future of tech)
103. Feb 23, 2017: Free for all fake news (discussing the current state of the media)
104. Feb 28, 2017: Fat Tuesday Happy Hour (cocktail social)
105. Mar 7, 2017: The Big Trade Off (Debate question: Is globalization a good or bad thing for those of us in North America?)
106. Mar 9, 2017: *All Governments Lie: Truth, Deception and the Spirit of I.F. Stone* (Documentary at the Princess, about people inspired about the ideas of the independent journalist I.F. Stone)
107. Mar 16, 2017: Beyond 60: Post-trust. Fake news. Alternative facts. (UW profs panel discussion at KPL)
108. Mar 18, 2017: Too Tech 2 (follow up to discussion on Feb 17)
109. Mar 22, 2017: The Not So Simple Art of Giving (Discussion statement: We are all very confusing, sometimes paralyzed, about where and when we should give to the needy.)
110. Mar 28, 2017: Rising Nationalism vs Global Cooperation for Sustainable Development (UW lecture event)
111. Mar 28, 2017: *The Age of Consequences* (Film screening and Panel Discussion at UW, about how climate change has become a national security issue)
112. Apr 3, 2017: Climate Change and the Health of Nations: Famines, Fevers, and the Fate of Populations (book club book by Cameron Muir and Tony McMichael, about the social impact of climate change)

113. Apr 18, 2017: #PowerShiftWR: Transforming Energy in Waterloo Region (Panel discussion at KPL)
114. Apr 26, 2017: Dinner at Jane Bond before Citizen Jane
115. Apr 26, 2017: *Citizen Jane: Battle for the City* (documentary about Jane Jacobs at the Princess)
116. Apr 30, 2017: Think Like a Commoner: A Short Introduction to the Life of the Commons (book club book by David Bollier, about the importance of commons in the past and the present)
117. May 6, 2017: Jane's Walk - Living, Working, and Playing in Downtown Kitchener (walk and discussion of the nature of changes happening in the architecture, public spaces, developments, and business make up in DTK)
118. May 20, 2017: *I, Daniel Blake* (movie at the Princess, fictional account of a British man's experience with the British welfare system)
119. May 23, 2017: Human-Hacking (discussion of technology and artificially altering the human body and mind)
120. May 29, 2017: *The Commune* (movie at the Princess, fictional account of a couple setting up a commune in Copenhagen)
121. Jun 5, 2017: Success and Luck: Good Fortune and the Myth of Meritocracy (book club book by Robert H. Frank, about how the rich underestimate the importance of luck in their success)
122. Jun 15, 2017: Trigger Warnings and Safe Spaces (debate on whether they are helpful or harmful in promoting learning and free speech)
123. Jul 5, 2017: Version Control: A Novel (fiction book club book by Dexter Palmer, about the impact of self-driving cars)
124. Jul 16, 2017: What's with Buddhism? (discussion of the philosophy and history of Buddhism)
125. Jul 24, 2017: Dinner and a *Black Mirror* (S3 E1: Nosedive, about the search for status and likes)
126. Aug 6, 2017: The Fermi Paradox (discussion of the question posed by Enrico Fermi concerning why we haven't had contact with extraterrestrial life)
127. Aug 8, 2017: Tech Talk - Robot Rights (discussion about whether intelligent robots should have rights equal rights to humans)
128. Aug 12, 2017: *Water on the Table* (documentary at KPL, about the attempt to protect water from privatization)
129. Aug 15, 2017: Dinner and a *Black Mirror* (S1 E3 - The Entire History of You, about memory implants)

130. Aug 26, 2017: *Surviving Progress* (documentary at KPL, about whether the problems with progress are doing more to harm civilization than help it)
131. Sep 5, 2017: Dinner and a *Black Mirror* (S3 E4 - San Junipero, about virtual reality versus reality)
132. Sep 11, 2017: Age of Anger: A History of the Present (book club book by Pankaj Mishra, about the resurgence of reactionary and right-wing political movements in the late 2010s)
133. Sep 12, 2017: Tech Talk - Virtual/Augmented Reality (discussion on whether the development and future of virtual reality is a benefit or hindrance to humanity)
134. Sep 17, 2017: The Opioid Crisis & The War on Drugs (on Ontario health care workers asking government to declare statement of emergency due to opioid crisis)
135. Sep 26, 2017: Philosophication - Effective Humanity (discussion of the effect humanity has had on itself and the earth)
136. Sep 30, 2017: *Born to Be Blue* (dramatization about the life of musician Chet Baker at KPL)
137. Oct 1, 2017: Amy Goodman (lecture at UG by American broadcast journalist responsible for the show *Democracy Now!*)
138. Oct 10, 2017: Tech Talk - Gadget Game (discussion on whether the gadgets we have to help our lives are actually a benefit to us)
139. Oct 16, 2017: Canada & Mining (discussion of Canada's role in mining nationally and internationally)
140. Oct 24, 2017: Dinner and a *Black Mirror* (S3 E6 - Hated in the Nation, about serial killer and link to social media)
141. Nov 1, 2017: Philosophication - Purpose Potential (Part 1) (discussion of having purpose in life and the universe)
142. Nov 6, 2017: Dinner and a *Black Mirror* (S3, E5 - Men Against Fire, about use of psychological alterations to help soldier fight wars)
143. Nov 9, 2017: Britain at War (Debate statement: Britain should not have fought in WWI)
144. Nov 14, 2017: Tech Talk - AI Art (discussion on whether AI would be able to have the same level of artistic ability as humans)
145. Nov 22, 2017: Money: The Unauthorized Biography (book club book by Felix Martin, about the history and future of money)
146. Nov 22, 2017: Philosophicaltion - Purpose Potential (Part 2) (discussion of having purpose in life and the universe)

147. Dec 3, 2017: Ways of Hearing (discussion of the move from analog to digital, what we have gained and what we have lost)
148. Dec 6, 2017: Dinner and a *Black Mirror* (S2 E4 - White Christmas, about the nature of consciousness)
149. Dec 13, 2017: Tech Talk - Bio-Hacking the Genome (talk about new developing technology being used to rejuvenate cells)
150. Dec 17, 2017: December Social (potluck and discussion of the music that moves us)
151. Dec 27, 2017: Philosophication - The Trolley Problem (discussion about difficult decisions and the impact of taking action)
152. Jan 7, 2018: Asimov and Beyond (Fiction book club discussion on our favourite Asimov books, his influence on our culture and other SciFi books we like)
153. Jan 8, 2018: Tech Talk - Transportation (discussion of autonomous vehicles and the future of transportation)
154. Jan 16, 2018: Dinner and a *Black Mirror* (S2 E3 - The Waldo Moment, about media, amusement, and politics)
155. Jan 22, 2018: Philosophication - Virtual Value (discussion of the value we place on money and other non-commodity goods)
156. Jan 28, 2018: Bridging the Gender Gap (discussion of social and economic disparity between the genders)
157. Feb 5, 2018: Being Mortal: Medicine and What Matters in the End (book club book by Atul Gawande, about end of life decisions and care)
158. Feb 11, 2018: Dinner and a *Black Mirror* (S2 E1 - Be Right Back, about clones and dealing with death)
159. Feb 13, 2018: Tech Talk - Nanotechnology (discussion about the future and benefits of nanotech)
160. Feb 24, 2018: Cards and Board Games Night
161. Feb 26, 2018: Philosophication - Consciousness (discussion of how the human brain creates consciousness)
162. Feb 27, 2018: *The Economics of Happiness* (documentary at the Princess, about the ecological costs of today's global economy)
163. Mar 5, 2018: The Question Challenge (submitted random questions given 10-15 minutes discussion time)

164. Mar 13, 2018: Tech Talk - Artificial Intelligence (discussion of what is considered to be AI and the issues we face as it is developed)
165. Mar 15, 2018: Energy Innovations: A Disruptive Force for a Better World (Lecture at WPL, about making great changes in patterns of energy consumption)
166. Mar 19, 2018: Philosophication - Significance of Our Existence (discussion about the significance of human existence)
167. Mar 27, 2018: Minded - Consciousness Continued (discussion of how the mind works and how we develop self awareness)
168. Apr 2, 2018: Choose your own adventure for mass extinction (book club of The Sixth Extinction: An Unnatural History by Elizabeth Kolbert & Scatter, Adapt, and Remember by Annalee Newitz, about differing views of the hope humanity can have in the future climate change is bringing)
169. Apr 10, 2018: Tech Talk - AI II (discussion of the possibility of super intelligent AI and what its motivations might be)
170. Apr 17, 2018: An Evening with Kamal Al-Solaylee (event at KPL, talk with Canadian journalist and writer on the topics about topics such as racism, living in the Middle East and LGBTQ rights)
171. Apr 24, 2018: Philosophication - The Simulation Theory (discussion of the idea that we are living in a simulation)
172. May 1, 2018: Minded - Free Will (discussion on whether we have free will)
173. May 5, 2018: Jane's Walk - Walk & Talk in DTK (walk and discussion of the nature of changes happening in the architecture, public spaces, developments, and business make up in DTK)
174. May 7, 2018: The Random Question Challenge (submitted random questions given 10-15 minutes discussion time)
175. May 8, 2018: Tech Talk - Hardware Hybrid (discussion on being able to integrate computer components into the human brain)
176. May 14, 2018: Dark Matter (fiction book club book by Blake Crouch, about travel between multiverses)
177. May 17, 2018: How Scientists Evaluate Expertise (WPL lecture by Ashley Rose Mehlenbacher how different sciences evaluate and use expertise)
178. May 22, 2018: Philosophication - Immortality (discussion the possibility and desirability of living longer or forever)
179. May 27, 2018: Food for Thought: I Can't Believe You Did That (discussion about what makes a taboo)

180. Jun 2, 2018: Our Electoral System is Broken (discussion of the value of our version of democracy and its alternatives)
181. Jun 5, 2018: Minded - Emotions (discussion of what causes emotions to function as they do and the impact they have on daily life)
182. Jun 9, 2018: The Attention Merchants: The Epic Scramble to Get Inside Our Heads (book club book by Tim Wu, about the business of capturing and selling our attention to advertisers)
183. Jun 12, 2018: Ad Hoc - Let's talk about Westworld (discussion of television series about a theme park populated by human-like robots)
184. Jun 19, 2018: Tech Talk: Clouds
185. Jun 23, 2018: Online Dating is the Worst (discussion on what online dating does to the human psyche and how it has changed the way we make connections in the modern world)
186. Jun 24, 2018: Food for Thought - Spare the Rod and Spoil the Child (discussion on the discipline of children, what is acceptable and what can society expect of us)
187. Jun 26, 2018: Philosophication: Life & Death (discussion of what defines life and death)
188. Jul 7, 2018: Dignified Silence (discussion of when to engage with certain debates and people and when to stay silent to keep from giving undue attention)
189. Jul 10, 2018: Minds creating movement: An evening of Salsa! (dance lessons at The Guanaquita Restaurant)
190. Jul 17, 2018: Tech Talk: Surveillance Technology (discussion of what technology exists to surveil us and its purpose and intentions)
191. Jul 23, 2018: Part 1 in 2 Books on The Way We Think (book club of Thinking Fast and Slow by Daniel Kahneman, about the difference between emotional quick thought and deliberative slow thought and why the second is so hard)
192. Jul 24, 2018: Philosophication: Liberty vs Law (discussion on the most beneficial method for applying control)
193. Jul 29, 2018: Food for Thought - Walking on Broken Glass (discussion of stresses and the attempt to maintain health and open-mindedness)
194. Jul 31, 2018: Minded - Conformity (discussion on the psychological desire to conform and its possible benefits)
195. Aug 14, 2018: Tech Talk - The Internet (discussion on the future of the internet)

196. Aug 20, 2018: Part 2 in 2 Books on The Way We Think (book club on Groupthink by Irving Janis, about the psychological drive for consensus at any cost)
197. Aug 26, 2018: Food for Thought - Grasshopper or Ant? (discussion on work/life balance)
198. Aug 28, 2018: Philosophication - Moral Quarrel (discussion on what morals are)
199. Sep 4, 2018: Minded - Subconsciousness (discussion on the definition of the subconsciousness)
200. Sep 11, 2018: Tech Talk - Automation (discussion on the trend toward automation)
201. Sep 22, 2018: 5 Years Party
202. Sep 23, 2018: Food for Thought - Is This a Good Idea? (discussion of the marketplace of ideas and how to judge the value of an idea)
203. Sep 25, 2018: Philosophication - Universal Basic Income (discussion of the ideas surrounding universal basic income)
204. Oct 1, 2018: The Wellness Syndrome (book club book by Carl Cederström and André Spicer, about the wellness industry and its extremes)
205. Oct 9, 2018: Tech Talk - Autonomous vehicles (discussion of the presence and future of autonomous vehicles)
206. Oct 10, 2018: *Modified* (documentary on GMOs at the Princess)
207. Oct 23, 2018: Philosophication - Climate Change (discussion on the causes and impacts of climate change)
208. Oct 28, 2018: Food for Thought - You Want it Darker... (discussion of the benefits, drawbacks and uses for revenge)
209. Nov 6, 2018: Minded - Instinct (discussion of instinct and how it differs from subconscious or conscious choice)
210. Nov 8, 2018: *A Better Man* (documentary at the Princess, about a woman confronting a past partner who had been abusive to her in their relationship)
211. Nov 9, 2018: *Beauty/Flawed/Freaks* (3 short documentaries at the Princess, *Beauty* about gender-creative kids, *Flawed* is a stop-motion animation about accepting imperfections, *Freaks of Nurture* about a neurotic mother-daughter relationship)
212. Nov 12, 2018: The Sleepwalkers: How Europe Went to War in 1914 (book club book by Christopher Clark, about the politics in the lead up to WWI)
213. Nov 13, 2018: Tech Talk - Robots (discussion of the role that robots might play in the future)

214. Nov 24, 2018: Seasonal Party with a Paint Lesson
215. Nov 25, 2018: Food for Thought - It Seemed the Better Way (discussion of being wrong when you thought you were right)
216. Nov 27, 2018: Philosophication - Absolution (discussion on whether it is rational to think in absolutes and whether one can be absolutely sure of anything)
217. Dec 4, 2018: Minded - Consciousness (discussion about consciousness and whether it can be measured scientifically)
218. Dec 11, 2018: Tech Talk - Artificial Neural Networks (discussion about how artificial neural networks function and how they compare to the human brain)
219. Dec 23, 2018: Food for Thought - What makes a Good life? (discussion of the definition of a good life lived)
220. Dec 27, 2018: Philosophication - You (discussion of what elements going into making an individual)
221. Jan 2, 2019: Minded - Intellect (discussion of what defines intellect or intelligence)
222. Jan 8, 2019: Tech Talk - Machine Learning (discussion how machine learning works in the present and how it might change in the future)
223. Jan 14, 2019: Musicophilia: Tales of Music and the Brain (book club book by Oliver Sacks about the place of music in our lives)
224. Jan 22, 2019: Philosophication - Vocabularisation (discussion on the significance of vocabulary)
225. Jan 27, 2019: Food for Thought - Would the Real version of you, please stand up, please stand up? (discussion of what is the real you)
226. Feb 24, 2019: Food for Thought - Consciousness - we have it. Does anyone else? (discussion on the nature of consciousness and whether it exists outside of humans)
227. Feb 26, 2019: Philosophication - Education (discussion on the effectiveness and efficiencies of the education system)
228. Mar 3, 2019: Thy Neighbor's Wife (book club book Guy Talese, about sexuality and alternative sexualities in American from WWII through the 1970s)
229. Mar 12, 2019: Tech Talk (varied topics)
230. Mar 24, 2019: Food for Thought - Emotion, huh? What is it good for? Absolutely nothing? (discussion about the role of emotions and how they should be handled)

231. Mar 26, 2019: Philosophication - Dependency (discussion on the definitions of dependency and independence)
232. Apr 3, 2019: Minded - Learning (discussion on how humans learn)
233. Apr 23, 2019: Philosophication - Adaptability (discussion on how adaptable humans are as individuals and as a group)
234. Apr 28, 2019: Food for Thought - What type of future do you want? (discussion about the ideas for the future of work, technology, and governance)
235. May 12, 2019: Bill's Home for Fantastic Conversation - Evidence and Proof (discussion of the definitions of evidence, proof, and facts)
236. May 22, 2019: Tech Talk - Impactful Technologies (discussion on which technologies have had and will have the biggest impact on society)
237. May 26, 2019: Food for Thought - The Benefits of Critical Thinking (discussion on the definition and importance of critical thinking)
238. Jun 9, 2019: Bill's Home for Fantastic Conversation - Reality (discussion on what reality is)
239. Jun 9, 2019: Book Club and BuzzFeed Quiz Fun (book club of The Personality Brokers: The Strange History of Myers-Briggs and the Birth of Personality Testing by Merve Emre)
240. Jun 18, 2019: Philosophication of Philosophy (discussion on the definition, significance and relevance of philosophy)
241. Jun 23, 2019: Food for Thought- Busy or Bored? (discussion of what it good use of time)
242. Jul 14, 2019: Bill's Home for Fantastic Conversation (varied topics)
243. Jul 23, 2019: Open - Minded (discussion on what it means to be open minded or closed minded and what causes it)
244. Jul 28, 2019: Food for Thought - Soul Work - how do you keep in shape? (discussion of ways that we replenish our soul)
245. Jul 30, 2019: Philosophication - Religion (discussion of how religion affects society)
246. Aug 6, 2019: Minded - Memory (discussion on the significance of memory)
247. Aug 11, 2019: Bill's Home for Fantastic Conversation - Biomimicry (discussion on the design and production of materials, structures, and systems that are modeled on biological entities and processes)
248. Aug 25, 2019: Food for Thought - When do you let go? (discussion of pursuing and giving up on dreams)

249. Aug 31, 2019: *High Life* (SciFi movie at KPL, about life and science experiments aboard a forced doomed prison ship)
250. Sep 10, 2019: Philosophication - Morality (discussion on what is good and bad and what determines this)
251. Sep 15, 2019: Bill's Home for Fantastic Conversation - Reality (discussion on whether there is an objective reality outside of humans)
252. Sep 21, 2019: *Rocketman* (dramatization of the life of Elton John at KPL)
253. Oct 1, 2019: Philosophication - Greater Good (discussion on what defines the greater good)
254. Oct 6, 2019: Book Club in the Heart of Election Season (discussion of the books Against Democracy by Jason Brennan & Democracy May Not Exist, but We'll Miss it When it's Gone by Astra Taylor)
255. Oct 15, 2019: Minded - Just a Thought (discussion on the definition of a thought and the processes involved in thinking)
256. Oct 20, 2019: Bill's Home for Fantastic Conversation (varied topics)
257. Oct 27, 2019: Food for Thought - Perspective (discussion on having an optimistic or cynical point of view and what drives these perspectives)
258. Nov 5, 2019: Philosophication - Progression (discussion on what it means to make progress)
259. Nov 17, 2019: Bill's Home for Fantastic Conversation - Subjective vs Objective reality (discussion on the nature of reality)
260. Nov 19, 2019: Minded - Happiness (discussion on the definition and causes of happiness)
261. Nov 24, 2019: Food for Thought - Change (discussion on how we manage change)
262. Dec 12, 2019: Philosophication - Materialism (discussion about the morality of material possessions)
263. Dec 15, 2019: Bill's Home for Fantastic Conversation (varied topics)
264. Dec 22, 2019: Food for Thought - Lasting Impressions (discussion on what makes up a legacy and if it matters)
265. Jan 2, 2020: Philosophication - Genuineness (general discussion on the topic of genuineness)
266. Jan 12, 2020: Bill's Home for Fantastic Conversation (varied topics)

267. Jan 14, 2020: Hate, Revenge and Cybercrime (discussion on the use of the internet to harass and harm individuals, with a look at the books Hate Crimes in Cyberspace by Danielle Keats Citron & Nobody's Victim by Carrie Goldberg)
268. Jan 26, 2020: Food for Thought - That's what you are going to wear? (discussion on the meaning of clothing as individuals and as a society)
269. Feb 4, 2020: Philosophication - Responsibility (discussion on the definition of responsibility)
270. Feb 9, 2020: Bill's Home for Fantastic Conversation - Cause and Effect (discussion on the definitions of cause and effect and how they relate)
271. Feb 20, 2020: Minded - Sleep (discussion on the nature of sleep)
272. Feb 23, 2020: Food for Thought - Fixing Mistakes (discussion on how to fix mistakes and if it is possible)
273. Mar 3, 2020: Philosophication - Selfishness (discussion on the definition of selfishness and its impact)
274. Mar 10, 2020: New Understandings of Childhood Trauma (discussion of the book The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel van der Kolk)
275. Mar 15, 2020: Bill's Home for Fantastic Conversation - Government (discussion on the role of government)
276. Mar 30, 2020: Philosophication - AI (online discussion on the forms and uses of artificial intelligence)
277. Apr 9, 2020: Minded - Consciousness (online discussion on the existence and definition of consciousness)
278. Apr 23, 2020: Minded - Consciousness con't (continued online discussion from Apr 9)
279. Apr 25, 2020: Clarity in Communication (online discussion on the use of language)
280. Jun 28, 2020: Food for Thought - Role Model Superstar (discussion on what makes a good role model and picking a good role model)
281. Jul 26, 2020: Food for Thought - What scares you now? (discussion on the changing nature of fear as we age and change)
282. Aug 23, 2020: Food for Thought - Tell me - Why'd they have to go and make things so complicated?! (discussion of how the world has gotten busier and more complicated with advancements in technology)
283. Sep 27, 2020: Food for Thought (varied topics)

284. Oct 25, 2020: Food for Thought - Neighbours (discussion on whether good fences make good neighbours)
285. Nov 13, 2020: *The New Corporation - The Unfortunately Necessary Sequel* (online discussion of the documentary)